In the News

- Urge patients to [get rid of unused pills](#) in their medicine cabinet on Drug Take-back Day April 27, 2013. Check the website for [locations](#).
- Attorneys General back the [Stop Tampering of Prescription Pills](#) legislation asking the FDA to require tamper resistant generic opioids.
- Amneal Pharmaceuticals announced that the FDA has approved a [generic version of Suboxone](#).
- FDA answers questions about opioid REMS now in effect, urging professionals to be educated & to [complete Patient Counseling Forms](#).

Journal Watch

**All items are accessible via MGH computers/library. MGHers can obtain other articles from through the Treadwell home page.**

Journal Watch (continued)  [MGHers can obtain articles through the Treadwell home page]


Pain Resources on the Web

- Having difficult conversations, [a video on how to talk about palliative care](#) and advanced care planning. From preparing to documenting.
- Patient education [1-pager on prescription opioids and addiction](#). Recognizing signs of addiction and patient agreements are explained.

CAM (Complementary and Alternative Medicine)

- Osteopathic manual treatment can be effective in the short term and can reduce use of pain medications.
- An article that teaches patients what to look for to determine if an alternative pain treatment is based on fact or fraud.
- An interactive lesson that teaches patients how incorporating spirituality may be beneficial to lessening their chronic pain.

Pain-Related Education Opportunities

- Thursday April 4th [The Science of Pain & The Art of Healing](#) InterProfessional Education Free 1-day program in Biddeford, ME
- Thu-Fri April 4-5th A new [End-of-Life Nursing Education Consortium](#) (ELNEC) course for Advanced Practice Nurses will be offered
- Tue-Thu April 2-4th [National Prescription Drug Abuse Summit](#) is hosting a multi-track forum to address Rx abuse. Orlando, FL
- Mon April 8th [Conquering Pain & Fighting Addiction: Policy Imperatives to Combat a Growing Health Crisis](#). Washington DC
- Thu April 18th "Formulating a Solution to Misuse and Abuse." [Differing views on tamper-deterrent formulations](#). Washington DC
- Wed-Sat May 8-11th The [American Pain Society](#) 32nd Annual Scientific Meeting for pain clinicians, researchers & educators. New Orleans

MGH Pain Calendar

- Fri April 5th Need-to-know Basics of Pain Management: Mass General Founders 325 at 8-9am [email for info](#) or just drop in
- Wed April 9th 7am - 11am, [Tools and Techniques for Effective Pain Management](#) Founders 325 [email for info](#)
- Chronic Pain Rounds occur weekly on Mondays at 12:00N Mail: email [Tina Toland](#) for details
- Palliative Care Grand Rounds occur weekly on Wednesdays at 8:00am. email: [Margaret Spinale](#)

MGH Pain Resources

The Patient Education Television: Dial 4-5212 from patient’s phone then order: #279 for Chronic Pain; #280 for Cancer Pain; #281 for Communicating Pain; #282 for Prescription and Non-prescription Pain Medications; @3283 for Postoperative Pain Excellence Every Day Pain Portal Page: [http://www.mghpcs.org/eed_portal/EED_pain.asp](http://www.mghpcs.org/eed_portal/EED_pain.asp)

The MGH Center for Translational Pain Research: [http://www.massgeneral.org/painresearch](http://www.massgeneral.org/painresearch)


MGH Palliative Care: [http://www.massgeneral.org/palliativecare/](http://www.massgeneral.org/palliativecare/)


Intranet site for MGH use to locate pain assessment tools and policies: [http://intranet.massgeneral.org/pcs/Pain/index.asp](http://intranet.massgeneral.org/pcs/Pain/index.asp)

MGH Cares About Pain Relief
Massachusetts General Hospital

PainRelief@partners.org ● [http://www.mghpcs.org/painrelief](http://www.mghpcs.org/painrelief)

To be added to or removed from the Pain Relief Connection mailing list, send an email to PainRelief@partners.org